



PHSCE Curriculum Overview

Year 6

Health, Hygiene and Puberty

The children will think about Health, Hygiene and Puberty. The children consider the changes that have occurred both physically and emotionally over their lifetime. They will consider the changes that are to come and be introduced to puberty. They will learn about importance of personal hygiene, think about their changing mental health and how to ensure they can protect their bodies from any unwanted attention.

My Identity, My Well-being

The children will be given the opportunity to reflect on their life journey since starting school and celebrate their achievements, strengths and areas for improvement. They will begin to strengthen their understanding of how to look after their well-being by reflecting on how their feelings and emotions have changed and deepen their understanding of good and not so good feelings and emotions and understand why we need to manage them in a positive way and learn more about taking care of their body, understanding that they have autonomy and the right to protect their body from inappropriate and unwanted contact their body autonomy and rights. The children will further develop their understand how commonly available substances and drugs (including alcohol, tobacco and 'energy drinks') can damage their immediate and future health and safety; that some are restricted and some are illegal to own, use and give to others

What are our rights as children of the world?

The children will be introduced to every human's basic rights and the differences between needs, wants and rights. They learn that with rights come responsibilities, such as the responsibility not to infringe the rights of others and the responsibility to support others in their quest for rights. They learn about the importance of honesty, trust, tolerance and respect for others. They find out about the United Nations Convention on the Rights of the Child and that it applies to all children, whoever or wherever they are. They also learn how human rights apply in their school and in the local community. They develop strategies for ensuring that rights are upheld and to promote equality in the classroom and playground, and they encourage others to respect and care for one another.

Working Together for World Peace

The children will be introduced to recent conflicts of the 21st Century and attempt to answer some of the questions that children may have about war and terrorism. The children will investigate what is and has happened in the world over the last fifty years, will look at how children are affected by civil war and countries at war and will look to see what society can do to help with world to live in peace.