



PHSCE Curriculum Overview

Year 5

Health, Hygiene and Puberty

The children will think about Health, Hygiene and Puberty. The children consider the changes that have occurred both physically and emotionally over their lifetime. They will consider the changes that are to come and be introduced to puberty. They will learn about importance of personal hygiene, think about their changing mental health and how to ensure they can protect their bodies from any unwanted attention.

Challenging Discrimination and Inequality

The children will find out more about how the differences and similarities between people arise from a number of factors, including family, cultural, ethnic, racial and religious diversity, age, sex, gender identity, sexual orientation, and disability

The children will further develop their understanding of the meaning of the words of 'discrimination' and 'prejudice' and begin to challenge this thinking.. The children will investigate the nature and consequences of discrimination, racism, bullying and aggressive behaviours and how to respond and ask for help

Staying Safe

The children will consider how they have changed and grown up since their start school and will begin to think about moving to secondary school and becoming more independent. They will consider how relationships are starting to change and will learn about personal safety exploring how their increasing independence brings increase responsibility to keep themselves and others safe. They will think about protecting themselves and their property when in the community and how they can ensure they are safe when online. The children will consider the impact of peer pressure in relation to alcohol, smoking and taking drugs and how they can challenge peers and say NO!

Privacy and the Press

The children will begin to think about privacy and what this means. The children will think about privacy online in terms of social media platforms and the importance of keeping personal information safe and the think about how the media can invade the privacy of people who have a public profile such as celebrities and the royal family. The children will be asked to consider how we are always 'being watched' and the impact of this.

The children will consider how information and images in the media (and online) do not always reflect reality and can affect how people feel about themselves

Make Poverty History

The children will learn about their identities and communities and about different places in the world. They will explore sameness, difference and diversity and begin to understand that there is not economic equality across the planet. They will learn that, as humans, we are all equal, have basic needs and rights, and belong to a range of groups and communities, including school and family. Children learn about the reasons for poverty in developing countries and explore ways in which poverty can be eliminated